

*Broom making:*

*New brooms made from Rabbit Brush.*

*References:*

*1. "These Our Fathers," pp. 125*

*Candle Making:*

*Fat of any animal could be used in making  
candles*

## Dye Making:

1. Indigo dye pot was in every household for dying cloth to blue color
2. Rabbit brush was steeped in water to produce a yellow color. Yellow also produced from Golden Rod
3. Madder<sup>roots</sup> was grown in every home garden to supply a red dye.
4. Leaves & branches of squaberry bush gave a pleasing brown color. Pine bark also produced Brown.
5. Elvira Pamela Mills \* 2 Mar 1820 in Nelson Portage Co, Ohio - dau of Robert Mills & Rhoda Hulet. Elvira md. Orville S Cox 3 Oct 1839. Elvira was set apart as a midwife in Fairview Ut. She raised: Madder Roots for red dye. She used: Rabbit Brush for yellow " Golden Rod flowers for " "

She used: Pine Bark for brown dye.

" " Squaw Berry roots for Brown dye.

She kept a dye pot for blue.

She chose names for babies: Rhoda & Sophia Stevens, Climenta Mower.

She brot 2# of sugar across the plains to use for medicine purposes only. She pounded sugar + resin (pronounced then "rosin") + used that in wounds to heal them.

She used peach leaves + bark from young peach shoots to make tea for sore throats.

She kept dried herbs in bundles in her attic to use later thru winter mos.

Yarrow for headaches.

Hearhound for colds.

Catnip + peppermint for stomach ache.

Rhubarb roots for constipation

Burdock roots for boils.

Lucina Mecham Boren, midwife of Wellsburg, Utah & wife of William Jasper Boren Sr.:

She used: indigo for blue dye.

Cottonwood for

Mahogany bark for

the  
writing:

the old one is now gone  
and the new one is now  
in the place of the old one.

the old one is now gone  
and the new one is now  
in the place of the old one.

the old one is now gone  
and the new one is now  
in the place of the old one.

the old one is now gone  
and the new one is now  
in the place of the old one.

the old one is now gone  
and the new one is now  
in the place of the old one.

the old one is now gone  
and the new one is now  
in the place of the old one.

the old one is now gone  
and the new one is now  
in the place of the old one.

the old one is now gone  
and the new one is now  
in the place of the old one.

the old one is now gone  
and the new one is now  
in the place of the old one.

the old one is now gone  
and the new one is now  
in the place of the old one.

Silk Making:

Mulberry Tree furnished leaves to feed  
Silk Worms.

## Starch Making:

Potatoes soaked & starch rises to top.

## Soap Making

Ingredients: Lye, fat of animals,

### Lye Making:

Take wood ashes & placed in a large barrel  
& covered w water

## White Wash:

1. Lime & Water mixed for washing walls, and fences.
2. Ashes of Oak mixed  $\bar{c}$  water makes a satisfactory wall wash mixture.
3. Chalk rock in Cedar Hills near Mt Pleasant was used to keep fireplace hearth white:  
Rub hearth briskly  $\bar{c}$  Chalk Rock



*[Faint handwritten notes, possibly bleed-through from the reverse side.]*

|    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |     |
|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|-----|
| 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 | 32 | 33 | 34 | 35 | 36 | 37 | 38 | 39 | 40 | 41 | 42 | 43 | 44 | 45 | 46 | 47 | 48 | 49 | 50 | 51 | 52 | 53 | 54 | 55 | 56 | 57 | 58 | 59 | 60 | 61 | 62 | 63 | 64 | 65 | 66 | 67 | 68 | 69 | 70 | 71 | 72 | 73 | 74 | 75 | 76 | 77 | 78 | 79 | 80 | 81 | 82 | 83 | 84 | 85 | 86 | 87 | 88 | 89 | 90 | 91 | 92 | 93 | 94 | 95 | 96 | 97 | 98 | 99 | 100 |
|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|-----|

一、  
二、  
三、  
四、  
五、  
六、  
七、  
八、  
九、  
十、

三、